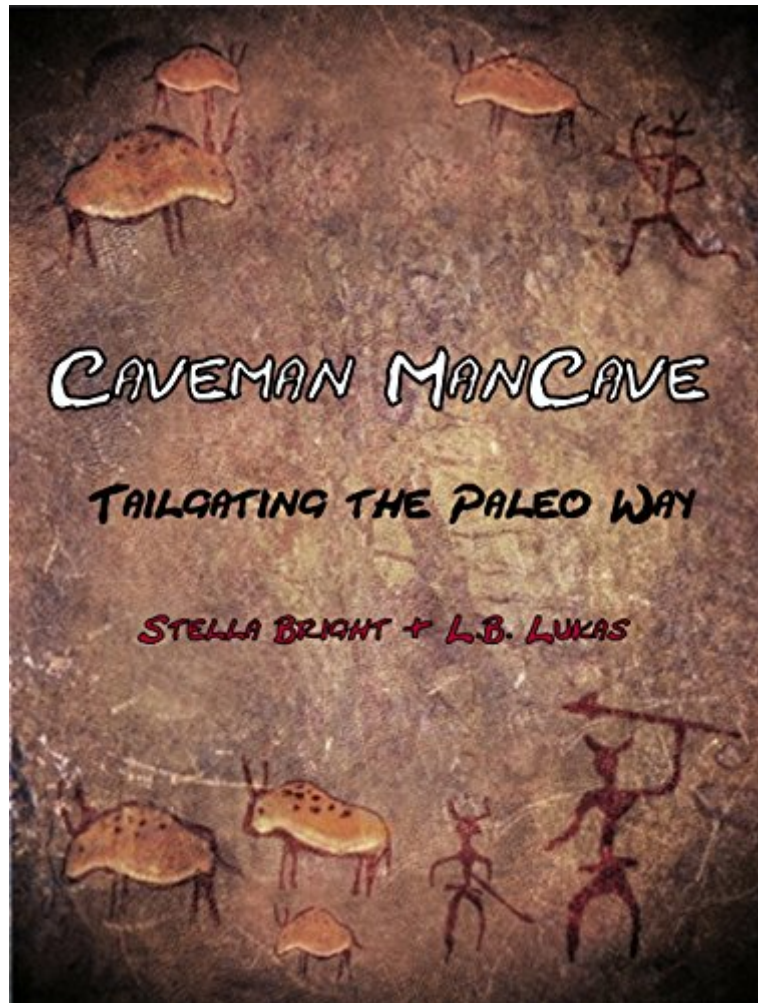


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# Caveman ManCave: Tailgating The Paleo Way



## Synopsis

Are you ready for some FOOTBALL! Are you looking for a healthier way to enjoy tailgating, football parties, or just a weekend spent at home watching Football? Do you want to cheer your team on without your waist expanding? Caveman ManCave by Pegan Central author L.B. Lukas and Vegan One Pot Author Stella Bright will show you a better way to eat this football season without loading on the salt, carbs, and calories. These recipes passed the taste tests of some of the pickiest eaters we know. In fact, most didn't know they were enjoying a Paleo tailgate! With just a few basic kitchen items and these books you can eat your way through the day without all of the guilt. Gentleman, grab this book and impress your friends. Ladies, grab this book and show your guy that Man Cave parties can be healthy as well.

## Book Information

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Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Paleo

## Customer Reviews

I love eating the Paleo way so I'm always looking for new ideas. This fits the bill! I just hate when we go to a tailgate and my options are veggie tray or nothing. Here's the answer! It's small (only 20 recipes) but well worth it!

Great Job guy's ! I always seem to have trouble finding a good combination of fun food with quality food and this simple book does just that ! I will be able to reach for it often as the chills of fall and winter settle in and we spend more time inside watching our favorite shows, I think it will even work with hockey night in Canada ! What do you think? All the Best, good job.....RJG, Alberta, Canada

A lot of what look like VERY yummy recipes, and not just for the Caveman of your home!

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Caveman ManCave: Tailgating the Paleo Way Paleo: Paleo Diet for beginners: TOP 100 Paleo Recipes for Weight Loss & Healthy Recipes for Paleo Snacks, Paleo Lunches, Paleo Desserts, Paleo Breakfast, ... Healthy Books, Paleo Slow Cooker Book 9) Paleo Diet: 200 Delicious Paleo Diet Recipes (Paleo Slow Cooker, Paleo For Beginners, Paleo Diet Recipes, Paleo Recipes, Paleo Diet Cookbook,) Paleo For Beginners: Paleo Diet - The Complete Guide To Paleo - Paleo Cookbook, Paleo Recipes, Paleo Weight Loss (Clean Eating) Paleo: 30-Day Paleo Challenge - Change Your Life and Lose 15 Pounds with Paleo Diet, Paleo Slow Cooker Cookbook - Top 80 Paleo Recipes (Paleo Series) Paleo: Paleo Slow Cooker Cookbook: Top 80 Paleo Recipes - Easy, Delicious and Nutritious Paleo Diet Cooking (FREE BONUS) (Paleo Crockpot, Paleo Baking, Whole Food) 3 Ingredient Slow Cooker: 21 Amazing & Stupidly Simple Slow Cooker Recipes (Healthy Recipes, Crock Pot Recipes, Slow Cooker Recipes, Caveman Diet, Stone Age Food, Clean Food) Slow Cooker Thanksgiving: 21 Recipe for a Perfect Holiday (Healthy Recipes, Crock Pot Recipes, Slow Cooker Recipes, Caveman Diet, Stone Age Food, Clean Food, Holiday Food) Paleo: Paleo For Beginners, Clean Eating, Weight Loss & Autoimmune Healing Solutions Includes 10 Day Paleo Diet Plan & 41 Amazing Paleo Fat Burning Recipes ... lifestyle change, clean eating) Paleo: 30-Day Paleo Challenge - Change Your Life and Lose 15 Pounds with Paleo Diet (Paleo Cookbook, Slow cooker recipes, Whole food) Paleo Ketogenic Vegan Smart Moves: Avoid Dieting Mistakes (Paleo Ketogenic Vegan Diet, Paleo Ketogenic Vegan for Beginners, Diabetes Diet, Anti-inflammatory ... - Diet and Nutrition - PALEO Book 7) Paleo:Ultimate Pale Diet Cook Book For Beginners-MELT 10 POUNDS IN 14 DAYS MEAL PLAN +100 Recipes,(FREE BONUS INCLUDED),Paleo Diet Plan, Paleo Diet cookbook: Paleo Diet Cook Book For Beginners Paleo Diet: Top Delicious Paleo Diet Recipes to Lose Weight, Boost Energy, Live Healthy, and Satisfy Your Hunger! (Beginners Cookbook Includes a 31 Day Paleo Diet Challenge - Best for Weight Loss) Paleo Bible: Paleo Slow Cooker Recipes: Top 160+ Slow Cooker Recipes & 1 FULL Month Meal Plan for Boosting Energy, Healthy Weight Loss & Vibrant Living (The Approved Beginners Paleo Diet Cookbook) Paleo Diet: The Paleo BIBLEÂ© with Top 350+ Recipes & 1 FULL Month Meal Plan for Boosting Energy,

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